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## Eco Con III Planning Committee Members

Steven Patrick, M.A., M.S., P.C.	Committee Chair Person
Sarah Haney, M.A.	Vice Committee Chair Person
Poppy Evans	Organizational Design Chair
Taline Avakian, M.A.	Hospitality Chair
Jon Trauth, M.S.W., L.I.S.W.	Hospitality Chair
Susannah Coaston, M.A., P.C.C.	Conference Advisory Chair
Katherine Russ, Ed.D.	Alumnus Advisory Member
Butch Losey, Ed.D.	Alumnus Advisory Member

Center For Ecological Counseling, University of Cincinnati Counseling Program, and Chi Sigma Iota

Present:



## The 3rd Annual Ecological Counseling Conference:

*A focus on Current Trends and Future Aspirations Within the Helping Professions.*




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## Additional Sponsors



**Child Focus, Inc.**  
**Making THE Difference**

## Schedule of Events

*Thursday April 9th, 2010 8:30 am- 5:00 pm*

*Friday April 10th, 2010 8:30 am- 12:00 pm*

**Thursday, April 8<sup>th</sup>, 2010**

**8:30-9:00 am Registration**

**9:00-10:15 am Introduction to Ecological Counseling: Dr. Ellen P. Cook**

**10:30-12:00 pm Workshop Session 1**

**T1. Opening A Space for Multicultural Competency, Wellness and Recovery**

**Dr. Deborah A. Wilcox**

**Room 156**

This workshop is an overview of the applied research outcomes of the Wellness Management and Recovery Coordinating Center of Excellence (WMR CCOE) will be presented and engage participants in a group process utilizing experiential exercises that open up a “safe space” to build authentic relationships across human differences.

**T2. Vulnerable Warriors- The Least of Our Brethren**

**Dr. Robert McBrady**

**Room 157**

The significant interactional characteristics of persistently homeless men, Isolation and Avoidance, require re-connecting and quality reconnections to address their physical, social, employment, and educational needs. This session will explore some of these characteristics and the impact of homelessness.

**T3. Ethics and Social Networking**

**Dennis Mendleson**

**Room 158**

As everyone connects to the internet and social networking becomes increasingly important, it is easier for clients to find and try to establish bonds with us – what motivates clients to do this and what do we, as clinicians do when this happens? What ethical guidelines do we follow?

**T4. Combat/Operational Stress Injuries: Their Fall Out on Families and the Community**

**Sister Kateri**

**Corporate Board Room**

Combat stress has negatively influenced combatants, their families and the civic community throughout history. This session will look at the evolution of how we label the results of combat stress and examples of how stress can impact those returning from deployments to Iraq and Afghanistan.

**12:00-12:30 Lunch**

**12:30-1:30 Keynote: Dr. Jay Rothman- Fostering Empathy: Complementarity between Ecological Counseling and Creative Conflict Engagement**

**1:45-3:15 pm Workshop Session**

**T5. The Application of Mindfulness and Tai Chi in Ecology and Mental Health**

**Dr. Stuart Bassman**

**Room 156**

Counseling that focuses on the synthesis of ecology and mental health provides an opportunity for the participant to recognize and integrate personal and environmental factors through interaction and daily meaningful applications. One such application is the interaction of the ecological concept of mindfulness and Tai Chi. In this workshop, Dr. Bassman will address and facilitate a didactic and experiential presentation that has been designed to address how the interplay of mindfulness and tai chi can become a resource for enhanced awareness.

**T6. The New Millennium and On-line Counseling: Ecological Practice, Concerns and Discussion**

**Dr. Oscar McKnight**

**Room 157**

For counselors, the ecosystem is vast and encompassing; and professionals must understand the client in both context and time. This in and of itself is a daunting task; now, enter the New Millennium and on-line counseling. The Web is the poster child of interconnectiveness and interdependence of systems; however, is the Web bringing us closer or further apart?

## Program Offerings

**3:20-4:50p**

**Workshop Session 3**

**T7. Ecological Counseling with Married African Immigrants**

**Dr. Acha Goris**

**Room 156**

African immigrants experience higher rates of separations and divorces compared to other immigrant groups in the United States. The goal of this study was to explore the marital issues African immigrants (AIs) face through the ecological counseling model. Six participants were interviewed through an open-ended, nondirective interview structure, giving the opportunity for participants to tell their stories from their perspectives. The results revealed six common areas of difficulties among married African immigrants.

**T8. Bipolar Spectrum Disorders: An Ecological Perspective**

**Mark Pruden**

**Room 157**

Best practices in the understanding, treatment, and management of bipolar spectrum disorders involve biological (genetic and medical), psychological (environmental, economic, and cognitive-behavioral) social (family and other interpersonal), and spiritual (religious and otherwise) components. This workshop will introduce and update diagnostic considerations for these disorders, overview medical and psychotherapy treatment components emphasizing a bio/psycho/social/spiritual approach, and recommend resources for further study and support.

**T9. Children Exposed to Domestic Violence: An Ecological Approach to Assessment and Treatment**

**Dr. Patricia Beamish**

**Corporate Board Room**

This presentation focuses on adverse effects on children exposed to domestic violence. Assessment and treatment strategies will address domestic violence within the context of settings in which children live, the circumstances they have experienced, and the conditions in which adverse effects are most likely to occur. Consideration will be given to what takes place in the immediate household (microsystem), the larger social system of the family (exosystem), and the relevant cultural beliefs and values (macrosystem).

**4:55-5:00**

**Wrap up/End of day 1**

**Day 2- Friday, April 9<sup>th</sup>, 2010**

**8:30-9:00 am**

**Registration**

**9:00 -10:30 am**

**Poster Presentations**

**10:30-11:30 am**

**Workshop Session 1**

**Dr. Connie R. Wilson**

**T10. Ecological View of Pharmacology**

**Room 156**

**11:30 -12:00 pm**

**Closing Comments: Recognition and awards**